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Nepal offers numerous adventure opportunities that go beyond the usual mountain attractions, particularly the possibility of Paragliding from the foothills of the Himalayas. 8000-meter giants like Annapurna, Manaslu, and Dhaulagiri from the excellent backdrop for your epic flight. Among the adventure activities, Paragliding in Nepal offers the possibility of an aerial view of the Himalayas. An excursion takes you to some of the best landscapes in the world.

Main Highlights

- You will do Paragliding adventure
- You can record video of your flight
- Sightseeing tour in Pokhara Valley and Fewa Lake
- You will enjoy the sunrise view from the Sarangkot
- Beautiful scenery of Mount Annapurna, Fishtail, and Dhaulagiri

Paragliding in Nepal is an adventurous sport that flies like birds. Many foreign tourists prefer Paragliding in Pokhara to experience the birdlife in the sky. Paragliding is the best way to feel it. Paragliding in Pokhara is the best you can hope for from the breathtaking view of picturesque landscapes.

Paragliding in Pokhara becomes one of the most popular activities as it offers a great view of the lakes, the beautiful scenery of the mountains, playing with the clouds in the sky, and the view of the dense green forest from the air. People feel completely different as heaven exists on earth. It is lovely to jump down after crossing the cloud layer and gliding over the cloud.

Paragliding in Pokhara takes place from the fantastic and impressive Sarangkot Mountain Station. The fly lasts from 30 to 40 minutes, and during this time you can enjoy the extraordinary view of the towns, temples, lakes, and many mountains like Mount Fishtail Mountain, Annapurna, Lamjung Himal, etc. This 40minute flight will be an unforgettable moment of your life.

The most important thing is that there are all kinds of security measures and you land safely in the lake, and you collect many unforgettable memories in your heart.

Therefore, Pokhara is the best place for everyone to enjoy nature and gather memories in the sky, particularly Paragliding. It is the most popular sport among all tourists who visit Pokhara.

Detail itinerary

Day 1: Scenic drive from Pokhara to Sarangkot Hill station

Today early morning, you will head to the Sarangkot from the beautiful city of Pokhara. Sarangkot is known for its panoramic view of Pokhara's town and the panoramic view of the Annapurna Himalayas. It takes almost an hour to be at Sarangkot.

After reaching the floating point in Sarangkot, our experienced Paragliding pilot will give you a short briefing to the safety and handling procedure for a beautiful one-hour flight tour under an experienced glider master's guidance. The Paragliding ends at Pokhara near Fewa Lake.

Cost including

- Transfer from hotel to Sarangkot and hotel
- Paragliding cost

Cost excluding

- Any food and drink
- Travel Insurance, loss and theft, etc.

Best time for Paragliding in Pokhara?

Although Paragliding in Pokhara can do all year round, September, October, and November are considered the best months. Fall is the peak season when people from all over the world visit Sarangkot for Paragliding and many other fun activities. The sky is clear, and thermals can develop rapidly, allowing you to fly at 3000 meters.

Another high season is spring (March, April, May). You can also choose a monsoon flight that offers the view of green fields if the weather finds a clear. Paragliding can be done in any season as long as the weather is beautiful.

Flights are generally operated three times a day, around 10 a.m., noon, and 2 p.m. The first flights are calm and stable, and thrill-seekers should choose the midday flight when the thermals are appropriately formed and offer a turbulent flight.

Is the Paragliding in Pokhara are safe?

Paragliding is as safe as any other sport. You don't have to worry about anything during tandem paragliding. There are specific rules you must follow when paragliding alone. The main objective of these rules is to make Paragliding a safe sport in particular disciplines. If you are skilled and know how far you can go without hurting yourself, you are safe. When paragliding in tandem, be sure to listen carefully to the instructions and enjoy a comfortable ride. Pokhara is also considered one of the safest paragliding destinations.

No matter how safe you do, there is always the risk of unknown accidents. Therefore, we highly recommend that you take out travel insurance before traveling anywhere, especially before participating in adventure activities. It can be useful in unexpected situations.